

swami chaitanya bharti, now known to his followers as whosoever, is one of the first generation disciples of osho – who, assigned the responsibility of conducting meditation workshops to him.

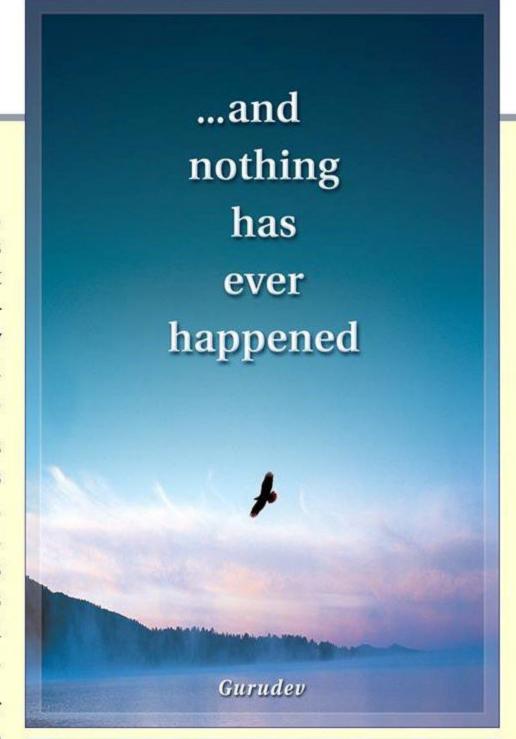
though this seems very nebulous and vague to the average mind, as one imbibes whosoever's teachings, things begin to get clearer. it is a compilation of his talks and views that he shared with his disciples in workshops conducted in goa and panchgani.

throughout the book, whosoever comes across as a teacher who will spare no effort to see that his disciples reach their goal. he is a friend to all, but he can be stern and rough, if that be the student's need for learning and transformation.

the talks are down-to-earth and simple, and he cajoles and coaxes the gathering to be light-hearted and non-serious. according to him – it is the serious minded people who commit major mistakes, with the potential for causing injury to others.

his talks are punctuated with jokes and anecdotes designed to make people laugh. he says that laughing out aloud is also a form of meditation in which one forgets oneself. there are frequent cries of "ho jaaye" as a cue for the audience to start laughing.

there is one motif in his talk – that of forgetting the i and trying to feel the beingness or isness. he reiterates what eckhart tolle says in the power of now,



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lovingly addressed as
gurudev, swami chaitanya bharti
is a delightfully down-to-earth mystic
residing in srirangapatna, india.
his meditation retreats have attracted
thousands of seekers from around
the world for the past 40 years.

his simple words
and earthy language have
connected many to something vast,
something mysterious that lies
unacknowledged within all of us.
the fragrance of his words contain an
unusual, yet powerful combination
of osho and shri misargadatta maharaj.
during his talks at the retreats,
he keeps listeners enthralled by

during his talks at the retreats,
he keeps listeners enthralled by
unveiling the hidden dimensions of
love, relationships and day-to-day living.
but when you least expect it,
he pulls out the rug from under
your feet, plunging you into the
bottomless abyss of advaita vedanta.

which is to be always passive, ever attentive, and always be available in the present moment. forget the past and the future, and live in the now, is also whosoever's message.

he takes us through the five levels of consciousness, starting from the first level, where we blame the other person if something goes wrong; through the next four levels of sharing the blame; blaming oneself; blaming no one... and finally, accepting that nothing ever happened.

the essence of the book is that the whole world and our entire existence is maya – a leela, or illusion – and nothing else.

he touches on the topic of taboos related to sex and non-vegetarianism, explaining how our minds are conditioned by our parents, our faith, our beliefs, and our customs.

the book is interspersed with articles and poems written by his students. it ends with a guided course on the art of meditation.

the author also dwells on the principles of advaita vedanta, according to which there is no i, no you, no he or no she. there is only nothingness, as you reach the state of consciousness which is called turiya... and even further to the turiyateet state.

an excellent book, it will touch your heart and change your outlook on life.

review by Dr. P.V. VAIDYANATHAN